

NEVER-ENDING PROCESS

By Leticia Nace, CSPDT, RDA

Rod, spherical, spiral and round
bloody microorganisms all abound
Protozoa, virus, algae or fungus
live in the atmosphere all among us
I am the one who kills them all
no matter the size, big or small
Clean, rinse, brush and scrub
all underwater in three huge tubs
Mechanically wash these sharp surgical tools
Test, test and verify, I am nobody's fool
I prep, inspect and make sure they work
so all have no worries and won't go berserk
Wrap, pack, label and load
Document and record to confirm down the road
Sterilize and store, lift and bend
For SPD techs there's never an end
Just be sure this field is for you
You must have patience, you must be true
So when you are alone, do what's right
Destroying disease is an endless fight
Know your worth, know who you are
Know you are more than a many's shining star!

Leticia Nace, CSPDT, RDA, serves as Team Lead of Sterile Processing for the Naval Medical Readiness and Training Command in Quantico, Va. She is also a registered expanded function dental assistant.